

Being Well and Doing Well: The Health and Academic Experiences of Latino High School Students in North Carolina

Stephanie Potochnick

Dr. Krista Perreira

UNC Chapel Hill Department of Public Policy



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- Daily Acculturation Experiences of Latino Youth:
 - Variability by psychosocial factors (e.g. gender, family values, school orientations, and work orientations)
 - Influence on academic engagement and performance
 - Influence on mental health
 - Traditional receiving community (L.A.) vs. new receiving community (N.C.)





SIAA Data

- Sample
 - 239 North Carolina 9th grade students from the 2006-2007 school year
 - 4 urban schools and 5 rural schools
- Data: Mixed Methods
 - 45-minute in school survey
 - immigration histories, SES, language use, family relationships, ethnic identification, educational attitudes, mental health
 - Supplementary take home survey
 - Daily diary checklist
 - Daily events, stressors, mental health, activities
 - Qualitative interviews of 20 youth and caregivers





Overview of Study Participants

- Student Characteristics
 - 70% foreign born
 - 54% from Mexico; 33% C.A./Caribbean
 - 64% arrived before 13 years old
 - 11% third generation
- Family Characteristics
 - 57% 2-parent household; avg. HH size=4
 - 48% at least one parent has a HS degree
 - 60% both parents employed
- Language Characteristics
 - 16% English is primary home language
 - 59% English is spoken in the home





School Aspirations and Expectations

Southern Immigrant Academic Adaptation Study

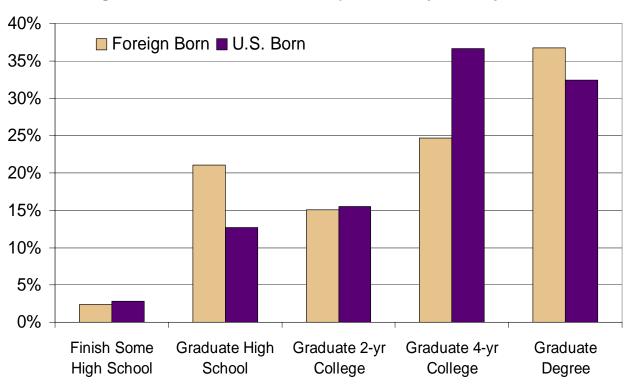


Figure 1. Student Academic Aspirations by Nativity Status

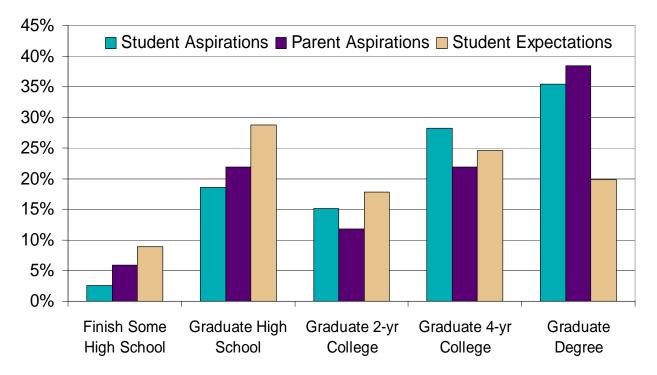




School Aspirations and Expectations

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Figure 2. Comparsion of Student and Parent Academic Aspirations to Student Academic Expectations



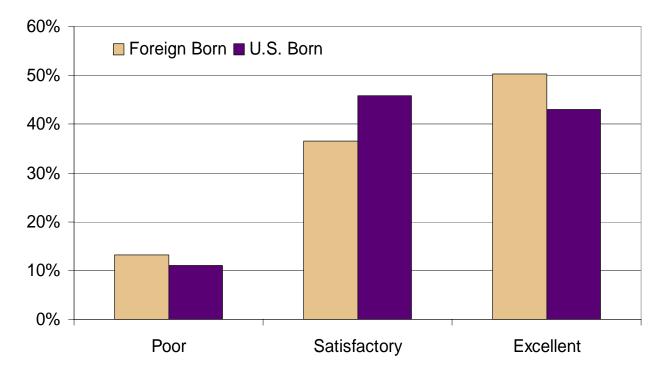




Challenges to School Success: School Climate

Southern Immigrant Academic Adaptation Study

Figure 3. School Belonging and Identification by Nativity Status



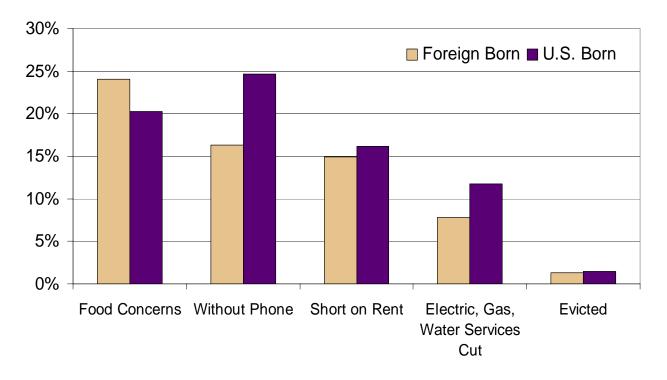




Challenges to School Success: Economic Hardships

Southern Immigrant Academic Adaptation Study

Figure 4. Family Economic Hardship in the Past 12 Months by Nativity Status







Challenges to School Success: Family Obligations

Southern Immigrant Academic Adaptation Study

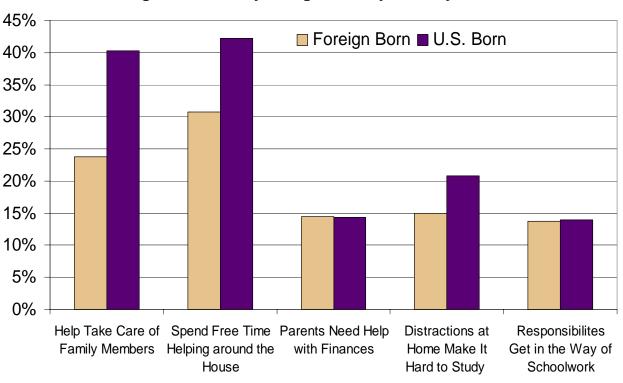
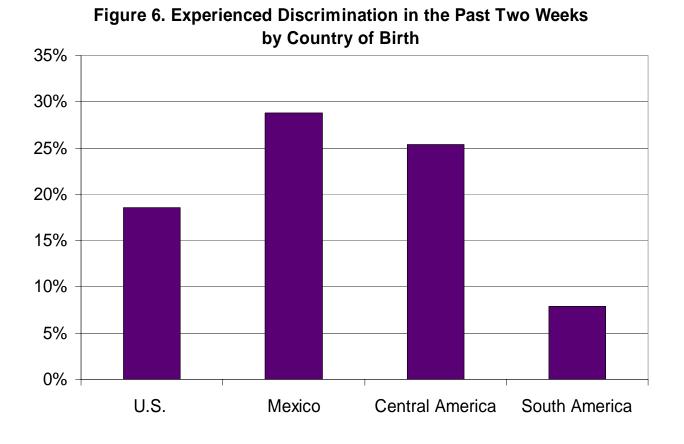


Figure 5. Family Obligations by Nativity Status





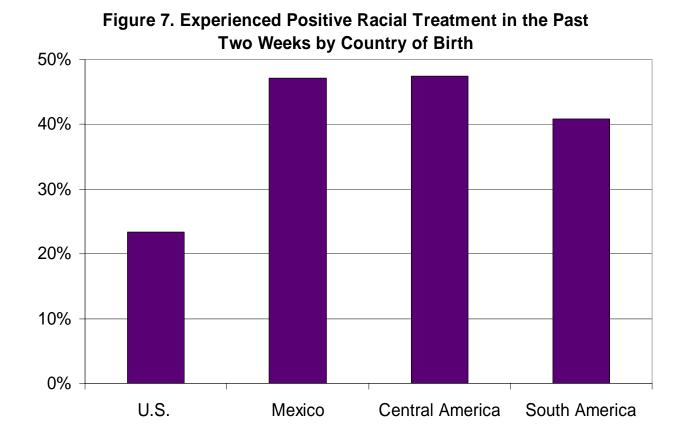
Challenges to School Success: Negative Racial Treatment







Challenges to School Success: Positive Racial Treatment







Factors Promoting School Success: Ethnic Community

Southern Immigrant Academic Adaptation Study

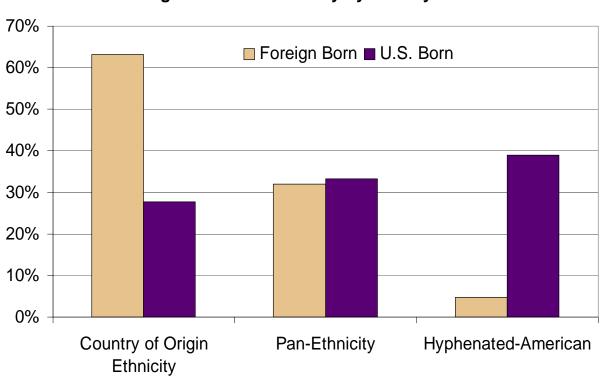


Figure 8. Ethnic Identity by Nativity Status





Factors Promoting School Success: Family Support

Southern Immigrant Academic Adaptation Study

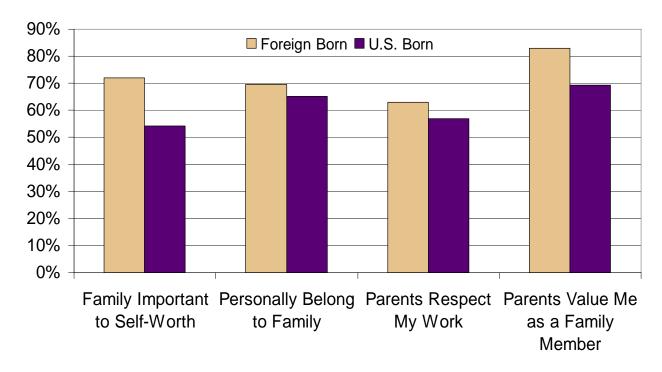


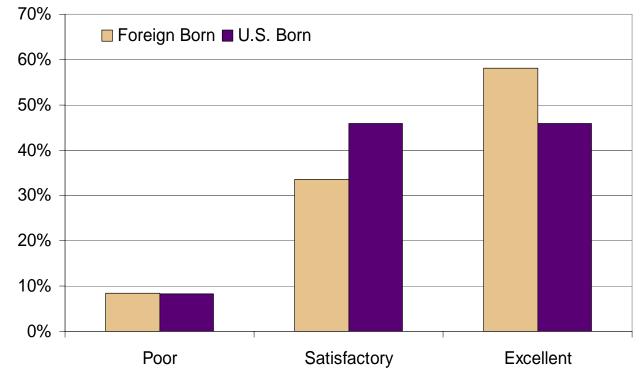
Figure 9. Family Identity Indicators by Nativity Status





Factors Promoting School Success: Teacher Support

Figure 10. Relationships with Adults in School by Nativity Status







Conclusions

- Foreign and Native Born Students are Highly Motivated to Achieve
 - Lower expectations that will achieve goals
- Multiple Challenges to Academic Success
 - School climate, economic hardships, family obligations, perceived discrimination
- Multiple Support Systems to Minimize Stressors
 - Ethnic community, family support, teacher support





Conclusions: Familial Resiliency

And with the eldest we had problems because the eldest didn't have anyone to help him and the middle one has the older one to help him. But the eldest didn't have anyone to help him and he said to me, ay, mami, look, help me, tell me what it says here, what does it say? But well since I didn't go to school I didn't know what it said and I don't know, I don't know very much, oh, I don't know how to help him. So we cried together at the table doing the homework. Because he cried because he couldn't do it and I wanted him to do it, and he couldn't do it. So we cried together at the table because I couldn't help him and I didn't understand and now that he's older and now it's a little more. And he helps the middle one.





Additional Information

- Southern Immigrant Academic Adaptation Study
 - SIAA Website
 - http://www.cpc.unc.edu/projects/siaa

